

Knights' Training Log

Love God with your heart, soul, mind, and strength.								
Obey those in authority over you.								
Stand against injustice and evil.								
Defend and protect the weak.								
Respect the honor of women.								
Refrain from wanton giving of offense.								
Speak the truth at all times.								
Be generous and willing to share.								
Persevere and finish the task at hand.								
Pursue excellence in all you do.								